

CATEGORY D

Exit and Freefall Date _____ I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

• Solo exit, stable w/in 5 secs. _____
 • 90-degree FF turns w/in 20 degrees (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____
 • 180-degree FF turns w/in 45 degrees (2)
 (1) _____
 (2) _____

• 360-degree FF turns w/in 45 degrees (2)
 (1) _____
 (2) _____

• 90-degree rear riser turns with brakes set (2)
 (1) _____
 (2) _____

• 90-degree rear riser turns with brakes released (2)
 (1) _____
 (2) _____

• 180-degree rear riser turn with brakes released _____

• 360-degree rear riser turn with brakes released _____

• Stand-up landing _____
 • Land w/in 50m (asst.) _____
 • Operate AAD _____
 • Observe jump run _____
 • Category quiz Date _____

Note:

Prior to freefall self-supervision (typically after the first jump in Category E), all students must meet the standards listed in the USPA BSRs. Clearance to freefall self-supervision requires the endorsement of an appropriately rated USPA Instructor (signature in logbook). Under the supervision of a USPA Instructor, a USPA Coach may train only the freefall portions of Categories E-H.

CATEGORY F

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

• Tracking sequence w/in 30 degrees (3)
 (1) _____
 (2) _____
 (3) _____
 • Clear and pull (5,500') _____
 • Clear and pull (3,500') _____

• 180-degree turns in deep brakes (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____

• Braked approach _____
 • Land 25m w/o asst. (2)
 (1) _____
 (2) _____

• Pack w/asst. _____
 • Check other jumper's gear _____
 • Select spot _____
 • Spot w/min. asst. _____
 • Category quiz Date _____

CATEGORY G

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/P/I _____

Adv. Criteria C/I Sign Lic.#

• Redock from 10' w/o asst. (2)
 (1) _____
 (2) _____
 • Redock w/adj. fall rate (2)
 (1) _____
 (2) _____

• Break-off at alt. w/o prompt _____
 • Track 50' w/in 10 degrees _____
 • Reverse canopy turns (4)
 (1) _____
 (2) _____
 (3) _____
 (4) _____

• Land 20m w/o asst. (2)
 (1) _____
 (2) _____

• Pack w/o asst. _____
 • Spot w/o asst. _____
 • Category quiz Date _____

CATEGORY H

Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/P/I _____

Adv. Criteria C/I Sign Lic.#

• Swoop and dock w/min. asst. (2)
 (1) _____
 (2) _____
 • Break-off at alt. w/o prompt _____
 • Track 100' w/in 10 degrees _____

• 90-degree front riser turns (2)
 (1) _____
 (2) _____

• 180-degree front riser turns (2)
 (1) _____
 (2) _____
(Front riser turns may be waived if too difficult.)
 • Land 20m w/o asst. (3)
 (1) _____
 (2) _____
 (3) _____

• Replace closing loop _____
 • Assemble 3-ring _____
 • Category quiz Date _____

CATEGORY E

Exit and Freefall Date _____ C/I _____
 Canopy Date _____ I _____
 Emerg. Review Date _____ C/I _____
 Equipment Date _____ C/R/I _____
 Spot. and A/C Date _____ C/I _____

Adv. Criteria C/I Sign Lic.#

• Stability recovery w/in 5 secs. (2)
 (1) _____
 (2) _____

• Jump without FF supervision _____

• Barrel roll _____

• Backloop _____

• Frontloop _____

• Land w/o asst. w/in 50m _____

• Calculate opening point _____

• Participate w/jump run _____

• Category quiz Date _____