



# A-License Progression Card

## United States Parachute Association®

Coach or Instructor: sign your License # on blank lines.  
"I" indicates only Instructors can sign.

25-08

### APPLICANT

(Please type or print)

☐ Change address on file

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

USPA# \_\_\_\_\_

Street Address \_\_\_\_\_

City, State & Zip \_\_\_\_\_

Telephone \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Email \_\_\_\_\_

*By submitting this application for processing, I acknowledge that my privacy settings for sharing my personal information with third parties, in Parachutist and in public lists at uspa.org are to be maintained by myself in my USPA account at uspa.org.*

**X**  
Signature of Applicant

### CANOPY PROGRESSION

A jumper should be proficient with the following landing maneuvers on their current canopy before downsizing:

- Stabilized final approach with flare initiated at proper height
- Consistently finishes flare with soft landings, using PLF as needed
- Consistently adjusts pattern for winds to land w/in 65 ft of a planned target

Wing Loading =  $\frac{\text{Exit weight (lbs)}}{\text{Canopy size (ft}^2\text{)}}$  Example:  $\frac{215}{280} = .77:1$

TYPE	SIZE	WL	JUMPS	I LIC. #
NAV	200	0.77	7	D-123456
A-LICENSE CHECK DIVE				

### CATEGORY A

FJC Method: ☐ AFF ☐ TAN ☐ IAD ☐ SL Date \_\_\_\_\_ I \_\_\_\_\_

Canopy Pre Jump	Discuss ground and winds aloft	I _____	Safe exit	I _____	
	Plan flight to holding area and pattern w/ assist	I _____		Overall awareness	I _____
	Practice PLF	I _____		Stable body position	I _____
Canopy Debrief	Fly pattern w/ assist	I _____	Freefall Debrief	Altitude aware	I _____
	Staged flare w/ full finish	I _____		Initiated deployment	I _____
	Land w/in 60 degrees w/ assist	I _____		<b>For AFF and Tandem:</b> w/in 1,000' of the assigned altitude	
	Land w/in 330 ft w/ assist	I _____		<b>For IAD and SL:</b> exit on command	
	PLF	I _____		<b>CATEGORY QUIZ</b>	

Date \_\_\_\_\_

### CATEGORY B

Canopy Pre Jump	Discuss ground and winds aloft	_____	Academics	Read SIM Ch. 1 Cat. B	_____
	Plan flight to holding area and pattern w/ assist	_____		Train exit / freefall	I _____
	Discuss runways / aircraft patterns	_____		Full EP review	_____
Canopy Debrief	Clearing before turns / traffic in holding area and pattern	_____	Freefall Debrief	Asked to join USPA	_____
	Discuss flight cycle: Flaring - one way street	_____		Stable throughout	I _____
	Practice PLF	_____		Leg control	I _____
	Fly pattern w/ assist	_____		Practiced or assisted deployment	I _____
	Staged flare w/ full finish	_____		<b>For AFF and Tandem:</b> Pull w/in 500' of the assigned altitude	
PLF	_____	<b>For IAD and SL:</b> Successfully perform 3 practice pulls, 3 jumps in a row			
Land w/in 30 degrees w/ assist	_____	<b>CATEGORY QUIZ</b>			
Land w/in 330 ft w/ assist	_____	Date _____			

### SOLO TRANSITION

Solo transition course (from tandem) (may be completed after Category A or B)

Method \_\_\_\_\_ Date \_\_\_\_\_ I \_\_\_\_\_

### CATEGORY C

Canopy Pre Jump	Discuss ground and winds aloft	_____	Academics	Read SIM Ch. 1 Cat. C	_____
	Plan flight to holding area and pattern	_____		Train exit / freefall	I _____
	Discuss adjusting pattern for wind changes	_____		Review open parachute in aircraft	_____
Canopy Debrief	Discuss wing loading	_____	Freefall Debrief	Observe equip pre-flight and AAD operation	_____
	Discuss downwind landings	_____		Control w/in 5 sec	I _____
	Discuss turbulence and flight cycle	_____		Relaxed fall	I _____
	Review off-field landings, choose by 2,000 ft, obstacle avoidance	_____		Heading control	I _____
	Flight cycle drill	_____		Wave-off	I _____
Fly pattern w/ min assist	_____	Solo pull at assigned alt. w/ stability	I _____	<b>CATEGORY QUIZ</b>	
Staged flare w/ full finish - min assist	_____	Date _____			
PLF	_____				

### CATEGORY D

Canopy Pre Jump	Student gives ground and winds aloft	_____	Academics	Read SIM Ch. 1 Cat. D	_____
	Spotting, wind drift, and opening point	_____		Train exit / freefall	I _____
	Discuss cloud clearance	_____		EP review w/ training harness	_____
Canopy Debrief	Plan flight to holding area and pattern	_____	Freefall Debrief	Conduct 4 gear checks	_____
	Discuss landing accuracy / choose target	_____		Solo exit, stable w/in 5 sec	I _____
	Jump run observation	_____		90-degree turns w/in 20 degrees	□ 1 □ 2 □ 3 □ 4 I _____
	Review building landings	_____		180-degree turns w/in 45 degrees	□ 1 □ 2 I _____
	Canopy flight EP: Train rear riser turns	_____		360-degree turns w/in 45 degrees	□ 1 □ 2 I _____
90-degree rear riser turns w/ brakes:	_____	<b>CATEGORY QUIZ</b>			
Set □ 1 □ 2	_____	Date _____			
Released □ 1 □ 2	_____				
Fly pattern, land w/in 165 ft w/ assist	_____				

## CATEGORY E

Canopy Pre Jump	Student gives ground and winds aloft	_____	Read SIM Ch. 1 Cat. E	_____
	Discuss time between exits and spotting techniques	_____	Train exit / freefall	1 _____
	Review aircraft EPs	_____	Review aircraft EPs	_____
	Plan spot, exit separation, wind drift and opening point	_____	Expand on causes of two parachutes out	_____
	Plan flight to holding area, pattern, traffic avoidance	_____	Review high wind landings	_____
Canopy Debrief	Discuss landing accuracy / choose target	_____	Identify components, their function and potential malfunctions	_____
	Discuss flare techniques: staged (sweet spot) and continuous	_____	Joined USPA	_____
	Train sweet spot drill	_____	Barrel roll	1 _____
	Train stall point drills	_____	Back loop	1 _____
	Participate w/ jump run using S.P.A.C.E.	_____	Front loop	1 _____
	Sweet spot practice	_____	Cleared to jump w/o FF supervision by recovering from intentional instability w/in 5 secs.	_____
	Stall point practice w/ toggles (above 2,500 ft)	_____	□ 1 □ 2	1 _____
	Land w/in 165 ft w/o assist	_____		
	□ 1 □ 2	_____		

### CATEGORY QUIZ

Date \_\_\_\_\_

## CATEGORY G

Canopy Pre Jump	Student gives ground and winds aloft	_____	Read SIM Ch. 1 Cat. G	_____
	Plan spot, exit separation, wind drift and opening point	_____	Train exit / freefall	_____
	Plan flight to holding area, pattern, choose target	_____	Review tree landings	_____
	Discuss max rate of turn	_____	Discuss equipment maintenance	_____
	Canopy flight EP: Train turn reversals	_____	Pack w/o assist	_____
Canopy Debrief	Train adjusting glide path	_____	Redock from 10 ft w/ SCS	_____
	Spot w/ min assist	_____	□ 1 □ 2	_____
	Adjust glide path	_____	Match level w/ SCS	_____
	Turn reversal drills (above 2,500 ft)	_____	□ Up 6 ft	_____
	□ 1 □ 2 □ 3 □ 4	_____	□ Down 6 ft	_____
	Land w/in 65 ft w/o assist	_____	Redock w/ adj. level w/ SCS	_____
	□ 1 □ 2	_____	□ 1 □ 2	_____
		_____	Break-off at alt. w/o prompt	_____
		_____	Track 50' w/in 10 degrees	_____

### CATEGORY QUIZ

Date \_\_\_\_\_

## NOTE

**Prior to freefall self-supervision** (typically after the first jump in Category E), all students must meet the standards listed in the USPA BSRs. Clearance to freefall self-supervision requires the endorsement of an appropriately rated USPA Instructor (signature in logbook).

## CATEGORY F

Canopy Pre Jump	Student gives ground and winds aloft	_____	Read SIM Ch. 1 Cat. F	_____
	Plan spot, exit separation, wind drift and opening point	_____	Train exit / freefall	_____
	Plan flight to holding area, pattern, choose target	_____	Review power-line landings	_____
	Canopy Flight EPs: Train braked turns	_____	Review SHAGG	_____
	Train ½ braked flare	_____	Pack w/ assist	_____
Canopy Debrief	Spot w/ min assist, exit separation	_____	Check other jumper's gear	_____
	90-degree braked turns	_____	Discuss aircraft weight and balance	_____
	□ 1 □ 2 □ 3 □ 4	_____	Tracking sequence w/in 30 degrees	_____
	½ braked flare	_____	□ 1 □ 2 □ 3	_____
	□ 1 □ 2	_____	Clear & pull 5,500 ft	_____
	Land w/in 82 ft w/o assist	_____	Clear & pull 3,500 ft	_____
	□ 1 □ 2	_____		

### CATEGORY QUIZ

Date \_\_\_\_\_

## CATEGORY H

Canopy Pre Jump	Student gives ground and winds aloft	_____	Read SIM Ch. 1 Cat. H	_____
	Plan spot, exit separation, wind drift and opening point	_____	Train exit / freefall	_____
	Plan flight to holding area, pattern, choose target	_____	Review water landings and flotation	_____
	Canopy flight EP: Train low-turn recovery	_____	Replace closing loop	_____
	Spot w/o assist	_____	Assemble 3-ring	_____
Canopy Debrief	Low-turn recovery drills	_____	Dive to dock w/ stairstep approach	_____
	□ 1 □ 2	_____	□ 1 □ 2	_____
	Land w/in 65 ft w/o assist	_____	Break-off at alt. w/o prompt	_____
	□ 1 □ 2 □ 3	_____	Track 100 ft w/in 10 degrees	_____
		_____		

### CATEGORY QUIZ

Date \_\_\_\_\_

## VERIFICATION

License Requirement	Pass A-license oral exam at 100%	1 _____	<b>Official USPA A-license stamp:</b> This stamp and signature of a USPA Instructor or Examiner verifies that the applicant has completed all qualifications for the USPA skydiving A-license and performed satisfactorily on the USPA A-license check dive. This temporary USPA A license expires 60 days from the date signed.
	Pass A-license written exam at 75%	1 _____	
	Pass A-license practical exam check dive with a USPA Instructor	1 _____	
	Be introduced to the SIM and Governance Manual Section 1-6	1 _____	
	Attain a total of 25 skydives	1 _____	
Instructor's Name _____			
Signature _____			
USPA # _____ Date _____			
Drop Zone _____			

## PAYMENT

\$ _____	License Fee (\$43)
\$ _____	Expedite with email confirmation (add \$20)
\$ _____	Total
<input type="checkbox"/> I authorize my card on file at uspa.org/me to be used for this purchase.	
<b>X</b> _____ Card Holder Signature	
U.S. only: Check or Money Order (payable to USPA) Submit via: Mail: USPA, 5401 Southpoint Centre Blvd, Fredericksburg, VA 22407 (Do not send original) Email: membership@uspa.org Fax: (540) 604-9741 (Please call (540) 604-9740 to confirm transmission was received and legible)	