



### CERTIFICATION OF PHYSICAL AND MENTAL FITNESS FOR SKYDIVING

(Required physical and psychological examination form for skydiving) *OTHER FORMS WILL NOT BE ACCEPTED.*

#### PERSONAL INFORMATION

|   |                                 |                          |
|---|---------------------------------|--------------------------|
| <b>Name:</b>                              | <b>Date of Birth:</b>           | <b>Gender:</b> M    F    |
| <b>USPA Membership # (if applicable):</b> | <b>License (if applicable):</b> | <input type="checkbox"/> |

#### EXAMINATION

|   |                |              |                                |
|---|----------------|--------------|--------------------------------|
| <b>Height:</b>  | <b>Weight:</b> | <b>BP:</b> / | <b>Pulse:</b>                  |
| <b>Vision Corrected:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No | <b>R 20/</b>   | <b>L 20/</b> | <b>Pupils:</b> Equal / Unequal |

| MEDICAL PHYSICAL                                       | NORMAL | ABNORMAL | NOT TESTED |
|--|--------|----------|------------|
| Appearance   |        |          |            |
| Eyes/Ears/Nose/Throat/Hearing                          |        |          |            |
| Lymph Nodes  |        |          |            |
| Heart (Murmurs, auscultation standing, supine)         |        |          |            |
| Lungs  |        |          |            |
| Abdomen  |        |          |            |
| Genitourinary (males)                                  |        |          |            |
| Skin (HSV, Lesions suggestive of MRSA, tinea corporis) |        |          |            |
| Neurological   |        |          |            |

| MUSCULOSKELETAL    | NORMAL | ABNORMAL | NOT TESTED |
|--------------------|--------|----------|------------|
| Neck               |        |          |            |
| Back               |        |          |            |
| Shoulder/Arm       |        |          |            |
| Elbow/Forearm      |        |          |            |
| Wrist/Hand/Fingers |        |          |            |
| Hip/Thigh          |        |          |            |
| Knee               |        |          |            |
| Leg/Ankle          |        |          |            |
| Foot/Toes          |        |          |            |

| PSYCHOLOGICAL  | YES | NO | COMMENTS |
|--|-----|----|----------|
| Neurological disorders; epilepsy, seizures, stroke, paralysis, etc.                |     |    |          |
| Mental disorders of any sort; depression, anxiety, etc.                            |     |    |          |
| Substance dependence or failed a drug test ever, or known use of illegal substance |     |    |          |
| Alcohol dependence or abuse  |     |    |          |
| Suicide attempt  |     |    |          |

#### CLEARANCE

- Cleared for all skydiving operations without restriction
- Cleared for all skydiving operations with recommendations for further evaluation, treatment, or modification: \_\_\_\_\_
- Not Cleared     Pending Further Evaluation    Reason: \_\_\_\_\_

I have examined the above-named individual and completed the pre-participation physical evaluation. The individual does not present apparent clinical contraindications to practice and participate in skydiving operations as outlined above. If conditions arise after the individual has been cleared for participation, USPA may rescind the clearance until the problem is resolved and the potential consequences are completely explained to the individual.

Name of MD/DO/PA (print/type): \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

MD/DO/PA Signature: \_\_\_\_\_ Phone: \_\_\_\_\_